



Template for VR training

We would be very grateful if you could return your completed template if you would like your fellowship to be listed on the BEAVRS website.

Only fellowships that meet the recommended intensity will be listed here.

Special Interest Area:

Vitreoretinal surgery

Example Timetable 1 Glasgow

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	VR Theatre	VR Theatre	OPD	VR Theatre	VR Theatre
PM	OPD	OPD	Teaching	OPD	research

Example Timetable 2 Manchester

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	VR clinic	VR theatre	VR clinic	VR clinic	research
PM	admin	VR theatre	VR theatre	VR theatre	VR theatre

Example Timetable 2 Bristol

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	OPD	Research	OPD	Admin	VR Theatre / OPD alt week
PM	OPD	VR Theatre	VR Theatre	VR Theatre	Teaching / Emergency VR Theatre 1:2

Minimum sessions (per week)

Type of session	Minimum required
VR Theatre list	3
Specialist clinics	3

Vitreoretinal teaching	1
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Maximum sessions (per week)

Type of session	Maximum permitted
Casualty, Intravitreal injections, PCC clinic	1

Indicative numbers

These are indicative numbers over the entire Level 4 training, which ranges from 9-18 months, not numbers per year.

These are not targets for the trainees, but indicators of what activities an average trainee will need to complete in order to achieve VR competences.

Activity	Indicative numbers over duration of VR training
Vitreoretinal operations	300
scleral buckling procedures	20
Indirect laser or cryo retinopexy	50
secondary posterior segment trauma repair, including globe rupture and IOFB	5